



FPL®

Lesson: The Energy I used Today Activity

Materials Needed:

- NEED Project – The Energy is used Today Worksheet and Connections Worksheets
([Page 15,16 & 20 of NEED.org Saving energy Student Guide](#))
- NEED Project – The Energy I Used Today Worksheet – Teacher Guide
([Page 15 of Need.org Saving Energy Teacher Guide](#))
- Pencil
- Highlighter

Lesson: Using Energy at School Activity and Proposal

Materials Needed:

- NEED Project – Using Energy at School Packet and Reflection Worksheet
([Pages 21-25 of NEED.org Saving Student Guide](#))
- NEED Project – Using Energy at School Teach Guide
([Pages 18-23 of NEED.org Saving Energy Teacher Guide](#))
- EERE Energy 101 Video Series - [Energy Efficient Commercial Buildings](#)
- Computer
- Whiteboard or Projector
- Paper
- Pencil

